Indiana Department of Natural Resources

Get healthy at an Indiana state park and win great prizes at the same time! Between March 1 - November 30, we invite you to walk, bike, paddle or swim at least twenty-five (25) miles inside one or more of Indiana's twenty-four (24) state parks and eight (8) reservoirs. If you're a horseback rider, you can participate by riding at least 100 miles on state park or reservoir horse trails. Keep track of your adventures below.
All property regulations and any trail restrictions apply. When you complete your mileage, send this form in to us (SP Fitness Challenge, Indiana State Parks, 402 W. Washington St. Room W298, Indianapolis, IN 46204) or scan it and e-mail it to SPContests@dnr.IN.gov. We'll enter you in a drawing for some good stuff you can use next year, including annual passes and permits, Outdoor Indiana subscriptions, Indiana DNR camping gift cards and Indiana state park inns gift certificates. All forms must be submitted by December 15 of the participating year.

| Name |
| :--- |
| Address (number and street, city, state, and ZIP code) |


| $\left.\begin{array}{l}\text { Telephone number } \\ \text { ( }\end{array}\right)$ | E-mail address |  |  |
| :--- | :--- | :--- | :--- | :--- |
| PROPERTY / NATURE PRESERVE NAME | TRAIL NUMBER / NAME | MILEAGE | ONE MEMORABLE THING WE SAW / DID THIS TIME |
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On the back, take a moment and tell us why you like to visit Indiana state parks and reservoirs for exercise and fitness.



Memories made naturally.


