# INDIANA STATE PARKS FITNESS CHALLENGE

State Form 54541 (R9/02-26)
Indiana Department of Natural Resources
Division of State Parks

DNR
Indiana Department of Natural Resources

Reset Form

**Get healthy at an Indiana State Park and enter to win prizes at the same time!**
Between March 1–Nov. 30, walk, bike, paddle or swim at least 25 miles inside one or more of Indiana State Park's 37 properties. Horseback riders can participate by riding at least 100 miles on state park horse trails. All property regulations and any trail restrictions apply. Keep track of your adventures below.

Once you complete your mileage, submit this form via mail or email by Dec. 15 of the participating year. Participants will be entered for a prize drawing, prizes may include a park entrance pass, camping and inn gift cards, and an Outdoor Indiana magazine subscription.

*EMAIL TO:* SPContests@dnr.IN.gov

*MAIL TO:* SP Fitness Challenge
IDNR - Indiana State Parks
402 W. Washington Street, Rm W298
Indianapolis, IN 46204

## APPLICANT INFORMATION

**Name** *(first and last)*

**Year**

**Street Address** *(number and street, city, state, and ZIP code)*

**Telephone** ( )

**Email Address**

## PARTICIPATION INFORMATION

| PROPERTY / NATURE PRESERVE | TRAIL NUMBER / NAME | MILEAGE | ONE MEMORABLE THING WE SAW OR DID |
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## LEAVE US A COMMENT

**Take a moment to tell us why you like visiting Indiana State Parks for exercise and fitness.**