

INSTRUCTIONS:

## NUTRITION PROGRAM – CHILD CARING INSTITUTIONS, PRIVATE SECURE FACILITIES, GROUP HOMES, AND EMERGENCY SHELTERS

State Form 46683 (R5 / 2-21)

CHILD WELFARE SERVICES – MS 47 302 West Washington Street, Room E306 Indianapolis, IN 46204-2739

INDIANA DEPARTMENT OF CHILD SERVICES

For sections 1 through 11, check Yes for each item if it is a statement of the practice at your facility.

Check No if the statement does not agree with your practice.

If you check No, please attach documentation explaining why, and what the practice of your facility is regarding the specific statement.

## The following items must be attached to the Nutrition Program review:

- 1. Four (4) weeks of menus.
- 2. One (1) main dish casserole recipe which includes protein with appropriate quantity of food and serving sizes noted. The recipe must be one listed on the menus supplied for review.
- 3. Simple drawing of the kitchen (either included in Section 7 or attached).
- 4. Vendors contract (if applicable). The contract must be <u>currently dated and signed</u>. It must specify the following: which meals and food components will be provided by the vendor; if food is to be delivered in bulk or unitized; if the vendor or the facility supplies milk.
- 5. Emergency Food Plan (only for facilities with a vendor contract). The plan must include one of the following:
  - a. A Secondary Vending Contract with an alternative vendor for emergency situations, which must meet the specified items listed in the Primary Vendor's Contract detailed above;
  - b. A written plan to prepare and administer meals along with two (2) additional weeks of emergency use menus.
- c. Copy of the vendors certificate to operate (if applicable).
- d. Most recent water sample report (only if utilizing well water).

Name of facility	Facility number	Date (m	onth, day, year)							
Address (number and street, city, state, and ZIP code)			County							
Mailing address (if different from above)										
Address of food preparation site (if different from above)										
Facility is licensed as: (Check one.)  Institution Private Secure Facility Group Home E	mergency Shelter Institution	Emergency Shelter (	Group Home							
Number of children licensed for Ages licensed for	Gender(s) of census		e number in census							
Does the facility participate in the Residential Child Care Institutions (RCCI) Nation	nal School Lunch program?									
Facility receives is water supply from which service? What type of sewage	system does the facility have?	Yes No If Private, type of sewa	ne system							
☐ Public Water Supply ☐ Private Well ☐ Pul	blic Private	ii i iivate, type or sewa	ge system							
Name of administrator										
Name of person completing form	Title of person completing f	orm								
Contact telephone number of person completing form E-mail address of per	rson completing form									
SECTION 1 – NUTRITION EDUCATION										
A. Nutrition education for children is provided and documented within	thirty (30) days of admission, ar	nd annually thereafter.	Yes	□No						
B. Briefly explain the nutrition education provided to children.										
C. Nutrition education for staff is provided and documented within thirl	ty (30) days of employment, and	l annually thereafter	☐ Yes	П No						
D. Briefly explain the nutrition education provided to staff.	., (00) aayo o. op.oyo, aa	annually more and m								
E. Sanitation education for staff is provided and documented within th	irty (30) days of employment, ar	nd annually thereafter.	☐ Yes	☐ No						
F. Briefly explain the sanitation education provided to staff.										
	TION 2 – MENUS									
A. Menus are prepared at least one (1) week in advance.			∐ Yes	☐ No						
B. Who prepares the weekly menu?										
C. Menu is posted in the kitchen and eating areas.			Yes	☐ No						
D. Special diets are approved in writing by physician / nurse practition	er and posted in the kitchen.		Yes	□No						

	SECTION 3 – NUTRITION REQUIREMENTS								
A.	At least two (2) ounces of protein food is served at lunch and dinner.	Yes	☐ No						
В.	Protein is served independently of casserole at least two (2) times per week.	Yes	☐ No						
C.	Two vegetables / fruit / salad servings are included at lunch and dinner.	Yes	☐ No						
D.	Desserts are limited to two (2) times per week.	Yes	☐ No						
E.	Vitamin A foods are served at least four (4) times per week a dinner.	Yes	☐ No						
F.	A bread serving or grain food item is served at every meal.	Yes	☐ No						
G.	Vitamin C fruit or 100% fruit juice fortified with vitamin C is provided daily.	Yes	☐ No						
Н.	Milk is served at all meals.	Yes	☐ No						
1.	Milk is 2% or whole milk only.	Yes	☐ No						
J.	A competing beverage is not served with milk at lunch and dinner.	Yes	☐ No						
K.	Snacks served include two (2) different food groups.	Yes	☐ No						
L.	Snacks are nutritious in content.	Yes	☐ No						
M.	Variety is provided in the menu.	Yes	☐ No						
	SECTION 4 – MEAL SERVICE								
Α.	Staff eat with children and receive the same food.	Yes	☐ No						
В.	Lunch is served at the facility on school days.	Yes	☐ No						
C.	Additional portions of food will be available for children.	Yes	☐ No						
D.	Milk is served from the original container.	Yes	☐ No						
E.	Amount of milk purchased each week (gallons)								
Α.	SECTION 5 – FOOD PREPARATION AND STORAGE  Kitchen walls and ceilings are smooth and easily washable.	☐ Yes	□No						
В.	Kitchen counters, surfaces are smooth and free of cracks and seams.	Yes							
C.	Eating and food preparation surfaces are properly sanitized.	Yes	□ No						
D.	Food is covered while is storage and while being transported.	☐ Yes	□ No						
E.	Single service items are not reused.	Yes	□ No						
F.	The kitchen / food service area is free from tobacco use and staff dining.	Yes	□ No						
G.	Thermometer is present in both the refrigerator and freezer.	Yes	□ No						
Н.	Type of refrigerator (description and name)								
I.	Type of freezer (description and name)								
J.	Temperature of refrigerator  K. Temperature of freezer								

Δ	SECTION 6 – DISHWASHING  A. How is dishwashing done?																																					
		Ma	anua	ally (	(Cor	nple	te B				] Ma	achir	ne (C	Com	plete	e E-I	Ч.)		Both (Complete entire section.)																			
B.	н	ow m	nany	com	partn	nents	s are	ın yo	our si	nk?																												
C.	Ex	cplair	n you	ır me	ethod	l of s	anitiz	zing.																														
D.	Ex	cplair	n you	ur me	ethod	l of d	rying	ļ.																														
E.	Na	ame	and	mod	el of	dish	wash	ing n	nach	ine u	sed																											
F.				sanit egre			wate	ır		_	l Ch	emi	cal							f che	mica	al, lis	t type	е.														
G.				al is					sted					ratio	n is a	ppro	priat	e?				How	ofte	n is it	test	ed?		٧	Vho	perfo	orms	the t	estin	g?				
H. If 170 degree F hot water is utilized, how is it tested to ensure temperature is appropriate? How often is it tested? Who performs the testing?																																						
Co	SECTION 7 – KITCHEN LAYOUT  Complete a simple drawing which shows the areas in your facility where you receive and serve food, locations of hand washing sinks, refrigerator, freezer,																																					
foc	nd st	torag	ge, a	and	uten	sil s	tora	ge. <b>I</b>	t ma	y b	e dr	awn	bel	ow (	or in	ıclu	ded	in a	n at	tach	me	nt.	1	1	, 100	aliOi	13 01	IIai	iu wa	asııı	ng s	I	, 161	rigei	alui	, 116	<u> </u>	,
																																				$\vdash\vdash$		<b>-</b>
																																				Ш		<u> </u>
																																						-
																																				$\vdash\vdash$		
																																						-
																																				$\vdash \vdash$		
																																				$\vdash$		
																																						<u> </u>
																																						<b>—</b>
																																				$\vdash \vdash$		
																																				$\vdash$		

	SECTION 8 - PRIMARY VENDING CONTRACT (To be co	ompleted only if food is prepared outside of your facility	<i>y.</i> )						
Nan	ne of primary vendor	Telephone number							
Add	Iress (number and street, city, state, and ZIP code)								
A.	Potentially hazardous hot foods remain at or above 140 degrees F.		☐ Yes	☐ No					
В.	Potentially hazardous cold foods remain at or below 45 degrees F.		Yes	☐ No					
C.	Frozen foods remain at or below 0 degrees F.		Yes	☐ No					
D.	The temperature of food is checked and recorded upon arrival.		☐ Yes	☐ No					
E.	Where is the approval temperature recorded?	Who records the temperature?							
F.	Transport equipment is easily sanitized.		Yes	☐ No					
G.	All reusable food service equipment, utensils, and dishes and washed and sanitized	d by:    Facility   Vendor							
If your facility utilizes a vending contract, an Emergency Food Plan must also be submitted. The plan must include one of the following: a) A Secondary Vending Contract with an alternative vendor for emergency situations – please fill out Section 9 and include a copy of the Vendor's certificate to operate; b) A written plan to prepare and administer meals along with two (2) additional weeks of emergency use menus.									
	SECTION 9 - SECONDARY VENDING CONTRACT (To be	completed only if food is prepared outside of your facil	ity.)						
Nan	ne of secondary vendor	Telephone number (							
Add	lress (number and street, city, state, and ZIP code)								
Н.	Potentially hazardous hot foods remain at or above 140 degrees F.		Yes	☐ No					
I.	Potentially hazardous cold foods remain at or below 45 degrees F.		Yes	☐ No					
J.	Frozen foods remain at or below 0 degrees F.		Yes	☐ No					
K.	The temperature of food is checked and recorded upon arrival.		Yes	☐ No					
L.	Where is the approval temperature recorded?	Who records the temperature?							
M.	Transport equipment is easily sanitized.		Yes	☐ No					
N.	All reusable food service equipment, utensils, and dishes and washed and sanitized	d by:							
	SECTION 10 – To be completed by Child Carin	g Institutions and Private Secure Facilities only.							
Α.	The kitchen and any other food preparation and service areas shall opera		Yes	☐ No					
В.	With the exception of birthdays and holidays, food prepared in a home kill	tchen will not be served.	Yes	☐ No					
C.	Food is prepared, maintained, and stored to assure flavor, appearance, a	and nutritive value.	Yes	☐ No					
D.	Foods once served or placed in non-temperature controlled serving disherance	es are disposed of.	Yes	☐ No					
E.	Working and cleaning schedules are posted and followed.		Yes	☐ No					
F.	Kitchen is enclosed if licensed after 1991.		Yes	☐ No					
G.	Kitchen is not used for children's play activities, dining / recreation area for	or adults, or as an office.	Yes	☐ No					
Н.	Food service personnel wear clean clothing and hair restraints.		Yes	☐ No					
	SECTION 11 – To be completed	by Private Secure Facilities only.							
Α.	All sharps are kept locked when not in use by staff.	by I Iwate decare I acinates only.	Yes	☐ No					
	SECTION 12 – APPROVA	L AND UNDERSTANDING							
	e above information and attached documentation are correct, accurate, and		ractices refe	erred to					
	nin our facility's Nutrition Program. ginal signature	Date signed (month, day, year)							
Prin	ted name	Title       ☐ Owner     ☐ President     ☐ Board of Directors	Adminis	trator					