



# HEALTH CARE PROGRAM FOR CHILD CARE CENTERS PROCEDURE FOR SKIN CARE - DIAPERING

State Form 49971 (R4 / 7-19)

FSSA - MS02  
402 WEST WASHINGTON STREET, RM W362  
INDIANAPOLIS, IN 46204

**Objective:** To cleanse baby's skin after urination and / or bowel movement.

To insure comfort to baby.

To prevent diaper rash.

**Equipment:** Waterproof paper (*wax paper*) \* \_\_\_\_\_

Soap for cleaning after bowel movement

Paper towel **for drying only**

Diaper

Tightly covered sanitary waste containers, lined with plastic (*one for soiled diapers and one for washcloths*).

Disposable gloves

Sanitizing solution (*1% bleach solution or its equivalent*).

- Procedure:**
1. Wash hands with soap and warm water and dry with disposable paper towel.
  2. Gather equipment and put on diapering area.
  3. Spread wax paper on changing table. **Cover entire length and width of pad.**
  4. Pick up baby and place on diapering table.
  5. Put on gloves (*if blood is present, medical disposable gloves must be worn.*)
  6. Release diaper.
  7. Using ankle hold to insure safety, remove soiled diaper.
  8. Place soiled diaper on **wax paper** or into plastic bag.
  9. Gently wash baby's bottom with \* \_\_\_\_\_ downward cleansing, and dry with towel.  
Avoid hard rubbing. Baby's skin is very sensitive.
    - To cleanse girls, spread labia apart gently, wash and dry between skin folds (*cleaning **downward only** - cleaning cloth must not touch vaginal area if it has touched rectal area*).
    - To cleanse boys, merely wash and dry. In uncircumcised boy, **never** attempt to pull back the foreskin.
    - Use soap and rinse well if child had bowel movement.
  10. Remove gloves.
  11. Put diaper on child.
  12. Wash child's hands.
  13. Take child to safe area.
  14. If blood is present on diaper table, put medical gloves on.
  15. Discard soiled diaper, washcloth and towel, and wax paper into tightly covered sanitary waste container lined with plastic bag.
  16. Sanitize diaper changing pad and table.
  17. Remove gloves and discard in covered container.
  18. **Wash hands with soap and warm water and dry with disposable paper towel.**
  19. Record on child's record and note any unusual observations such as rash, loose bowel movement, bleeding, etc.

\* State what you will use for skin cleansing (*i.e., disposable wipe, terry washcloth, etc.*) and to cover changing table pad.

Signature of health care consultant

Date signed (*month, day, year*)