



## HANDWASHING PROCEDURE

State Form 49961 (R6/ 01-25)  
FAMILY AND SOCIAL SERVICES ADMINISTRATION  
OFFICE OF EARLY CHILDHOOD AND OUT-OF-SCHOOL LEARNING

FSSA - MS02  
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### STEPS TO FOLLOW

1. Wet hands with running water.
2. Use plenty of soap to make a good lather.
3. Keep fingers pointed toward the drain.
4. Scrub front and backs of hands; wash wrists, between fingers, around fingernails and rings for at least twenty (20) seconds.
5. Rinse well with running water.
6. Dry hands with clean disposable towel or wall-mounted drying device.

### KEY POINTS

1. The faucet should provide at least thirty (30) seconds of continuous running water.
2. Liquid mild soap is preferred in child care.
3. It is the friction from scrubbing which helps to remove much of the dirt and bacteria that is present.
4. Paper toweling is preferred. It is recommended that paper toweling be used to turn off manual faucets.

### BOTH CHILDREN AND STAFF MUST WASH THEIR HANDS:

1. Before and after preparing meals or snacks.
2. Before and after eating meals or snacks.
3. After handling body fluids, sneezing or coughing into hands.
4. After toileting or diaper changes.
5. After handling animals.
6. After outdoor play and messy activities.
7. After universal precautions or disposal of biocontaminants.

### IN ADDITION, STAFF MUST WASH THEIR HANDS:

1. Before and after feeding infants and children.
2. Before and after bathing infants and children.
3. Before and after diapering an infant or assisting a child with toileting
4. Before and after wiping a child's nose

### HANDWASHING IS RECOMMENDED:

1. After touching contaminated surfaces, such as taking out the trash
2. After coming in from the outdoors.
3. Upon arrival at the child care center and before leaving.
4. After sensory play involving water, sand, play dough, etc.
5. Before and after administering medication to a child.