

FOR MONTHLY - USE SECOND TUESDAY, FIRST WEDNESDAY, ET CETERA

FOR WEEKLY - USE THURSDAY, MONDAY, ET CETERA

FOR TWICE A MONTH - USE FIRST AND THIRD TUESDAY, SECOND AND FOURTH THURSDAY, ET CETERA

	Monday	Tuesday	Wednesday	Thursday	Friday
Clean / Wash Inside of Refrigerator					
Cover and Label All Food or Beverage in Refrigerator					
Clean Counter Tops					
Clean Outside of Refrigerator					
Clean Oven Hood, Fan, Filter					
Clean Outside of Stove					
Clean Inside of Oven / Burners and Burner Plates					
Clean Stove Tops					
Wash / Clean Can Opener					
Empty Trash					
Wash Trash Cans					
Sweep Floors					
Mop / Scrub Floors					
Clean Cabinets Inside and Outside					
Clean / Scrub Inside of Sinks					
Clean / Scrub Handwashing Sink					
Clean and Wash Dishwasher Inside and Outside					
Clean Out Garbage Disposal					