



MENU FOR TODDLERS

State Form 49952 (R4 / 12-21)

FSSA - MS02
 402 WEST WASHINGTON STREET, RM W362
 INDIANAPOLIS, IN 46204

MEAL	FOOD	MINIMUM AMOUNT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Fruit, Vegetable or Juice	1/4 cup					
	Cooked Cereal or Toast/Grain	2T or 1/4 slice					
	Milk or Formula	1/2 cup					
AM Snack	Vitamin C Rich Fruit or Juice	1/2 cup					
	Cracker / Cereal / Bread/Grain	2					
Lunch	Meat	1 - 2T					
	Vegetable	1 - 2T					
	Second Vegetable or Fruit	1 - 2T					
	Bread/Grain	1/4 slice					
	Milk or Formula	1/2 cup					
PM Snack	Milk or Formula	1/2 cup					
	Cracker / Cereal / Bread/Grain	2					

The menu for two (2) year olds and older may be used for toddlers if appropriate food substitutions are listed on the menu.